

Green Fruit Salad with Irish Cream

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Category: Salad

Servings: 8

Preparation Time: 30 min

Cooking Time:

A note before you start:

In order to tint the whipped cream with a natural ingredient, I used Midori Liqueur which is a melon flavored liqueur. If color isn't an issue for you, you can just use a tablespoon of Irish whisky.

Ingredients:

3 kiwi

2 cups of green grapes

½ of a Honeydew melon

1 cup of heavy whipping cream

2 tsp of sugar

2 TBSP of Midori Liqueur OR

1 TBSP of Irish Whisky

Sprig of mint

Step 1: Peel and slice the kiwi in half lengthwise. Placing the flat side down, cut each half into 3 spears, and then cut each spear into thirds.

Step 2: Slice the grapes in half.

Step 3: Peel the honeydew melon and scoop out the seeds and discard. Cut into spears and then cut each spear into bite size pieces.

Step 4: Pour the heavy cream into a bowl and whip until soft peaks begin to form. Turn the mixer off and add the sugar and the liqueur or whisky and continue to beat until you have stiff peaks. Put the whipped cream in a bowl and place it in the center of a shallow bowl and add all the fruit once mixed together. Garnish with a sprig of mint.

Buon Appetito!



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